

SAY SOMETHING

ANONYMOUS REPORTING SYSTEM

Student Activity Guide



Sandy Hook
PROMISE

Notes and Questions

You can contact the Crisis Text Line at 741-741. A live, trained Crisis Counselor will respond to provide support and help.

Write down three examples of warning signs.



Write down two reasons
someone may not act
immediately.



Write down who your Trusted Adult is and two reasons why they are your Trusted Adult.

My Trusted Adult is:

Because:



Within the next week, tell your Trusted Adult one reason why you chose them to be your Trusted Adult.

What are the three
Say Something steps?

